

**How far does your food travel to get to your table?**

**Maybe you should be a food activist... come learn how.**



**Movie Showing with FRESH director,  
ana Sophia joanes**

***And an amazing, memorable afternoon with guest speaker...***

**Joel Salatin**

**of Polyface Farms, The Omnivores Dilemma, Food Inc. and now FRESH the movie**

***After Joel's talk and the screening of fresh,***

***join us for a symposium that will expand your mind and palate.***

**You will leave this event filled with inspiration and new ideas on where to locate nutrient dense, high quality food that is grown locally. Meet your farmers, learn where to eat out locally, shop for your food locally, and how to create a sustainable garden in your own back yard.**

**March 21, 2010**

**2:30pm-6:00pm**

**Annapolis Unitarian Universalist Church**

**333 Dubois Road - Annapolis, MD**

**Suggested donation of \$10**

Please R.S.V.P. to [replytofresh@gmail.com](mailto:replytofresh@gmail.com), direct questions to Diane (410) 643-3283